

## 100 m

|            |                        |    |                 |          |
|------------|------------------------|----|-----------------|----------|
| <b>K35</b> | -1,0                   |    |                 |          |
|            | 1. Ulrika Holm         | 73 | IS Göta         | 19,73    |
| <b>K40</b> | -1,0                   |    |                 |          |
|            | 1. Anna Hull           | 67 | Ystads IF       | 15,11    |
|            | 2. Sue Andersson       | 68 | Malmö AI        | 15,39    |
|            | Susanne Nilsson        | 68 | Heleneholms IF  | Ej start |
| <b>K45</b> | -1,0                   |    |                 |          |
|            | 1. Carina Loyd         | 64 | Ystads IF       | 16,15    |
| <b>K60</b> | -1,0                   |    |                 |          |
|            | 1. Margareta Millestam | 47 | IFK Lund        | 18,66    |
| <b>K65</b> | -1,0                   |    |                 |          |
|            | 1. Kertsin Nilsson     | 45 | IFK Lund        | 17,76    |
| <b>K70</b> | -1,2                   |    |                 |          |
|            | 1. Sonja Nilsson       | 39 | IFK Lund        | 20,45    |
| <b>K75</b> | -1,2                   |    |                 |          |
|            | 1. Asta Larsson        | 31 | IFK Lund        | 21,10    |
| <b>M35</b> | -1,8                   |    |                 |          |
|            | 1. Martin Holm         | 73 | IS Göta         | 13,46    |
|            | 2. Ulf Jakobsson       | 72 | Heleneholms IF  | 14,47    |
|            | 3. Erik Westesson      | 73 | Björnstorps IF  | 15,59    |
|            | Fredrik Lööf           | 73 | Malmö AI        | Ej Start |
|            | Pontus Neiderup        | 71 | IS Göta         | Ej Start |
| <b>M40</b> | -2,1                   |    |                 |          |
|            | 1. Leif Malmqvist      | 66 | Heleneholms IF  | 13,41    |
|            | 2. Ulrik Snygg         | 69 | IS Göta         | 13,85    |
|            | 3. Rikard Särvegård    | 65 | Heleneholms IF  | 14,06    |
|            | 4. Greger Jönsson      | 69 | IS Göta         | 14,27    |
|            | 5. Adam Crona          | 68 | IFK Helsingborg | 14,39    |
|            | 6. Niklas Lovén        | 69 | IS Göta         | 14,88    |
|            | Björn Hansson          | 67 | Ystads IF       | Ej start |
| <b>M45</b> | -1,8                   |    |                 |          |
|            | 1. Lars Radler         | 63 | IS Göta         | 14,31    |
|            | 2. Sven-Erik Axelsson  | 63 | IFK Lund        | 14,72    |
|            | Marcus Paukstadt       | 63 | Malmö AI        | Ej start |
| <b>M50</b> | -0,8                   |    |                 |          |
|            | 1. Jörgen Lindholm     | 57 | IFK Lund        | 13,73    |
|            | Jan Kopfinger          | 58 | IS Göta         | Ej start |

|            |                          |    |                 |          |
|------------|--------------------------|----|-----------------|----------|
| <b>M55</b> | -0,8                     |    |                 |          |
|            | 1. Torolf Andersson      | 51 | Björnstorps IF  | 14,21    |
|            | 2. Kenth Larsen          | 51 | Heleneholms IF  | 15,79    |
| <b>M60</b> | -0,8                     |    |                 |          |
|            | 1. Erwin Apitzsch        | 45 | IFK Lund        | 14,49    |
|            | 2. Hans-Ingvar Andersson | 47 | Heleneholms IF  | 15,88    |
|            | 3. Bo Jönsson            | 49 | Heleneholms IF  | 18,00    |
|            | Bo Sveninge              | 49 | Båstads GIF     | Bröt     |
| <b>M65</b> | -0,9                     |    |                 |          |
|            | 1. Lars-Erik Granberg    | 42 | Malmö AI        | Ej start |
| <b>M70</b> | -0,9                     |    |                 |          |
|            | 1. K-G Holmgren          | 36 | Eslövs AI       | 16,13    |
|            | 2. Paavo Roos            | 37 | IFK Lund        | 18,26    |
|            | 3. Karl Nordström        | 36 | IFK Helsingborg | 19,01    |
|            | 4. Börje Rudklint        | 35 | IFK Lund        | 20,25    |
| <b>M75</b> | -0,9                     |    |                 |          |
|            | 1. Bure Elfström         | 31 | Heleneholms IF  | 16,79    |
|            | 2. Ingmar Nilsson        | 32 | IFK Helsingborg | 18,22    |
| <b>M85</b> | -0,9                     |    |                 |          |
|            | 1. Axel Magnusson        | 21 | IFK Lund        | 23,63    |

### **1500m** Manuell tidtagning

|            |                          |    |                 |          |
|------------|--------------------------|----|-----------------|----------|
| <b>K35</b> |                          |    |                 |          |
|            | 1. Marielouise Stenström | 74 | IS Göta         | 5,49,0   |
| <b>K40</b> |                          |    |                 |          |
|            | 1. Anna Hull             | 67 | Ystads IF       | 5,34,9   |
|            | 2. Sue Andersson         | 68 | Malmö AI        | 5,38,5   |
|            | 3. Catharina Persson     | 66 | IS Göta         | 5,39,6   |
|            | 4. Anna Nilsson          | 68 | IS Göta         | 5,54,9   |
|            | Susanne Nilsson          | 68 | Heleneholms IF  | Ej start |
| <b>K45</b> |                          |    |                 |          |
|            | 1. Carina Loyd           | 64 | Ystads IF       | 5,54,2   |
|            | 2. Eva Ek                | 60 | Björnstorp      | 5,55,7   |
|            | 3. Lotta Lindskog        | 63 | GF Idrott       | 6,18,4   |
|            | 4. Carina Hammarstrand   | 68 | IS Skanne       | 6,50,4   |
| <b>K50</b> |                          |    |                 |          |
|            | 1. Anna-Karin Hansson    | 56 | FK Snapphanarna | 5,59,8   |
|            | 2. Ylva Jönsson          | 55 | Heleneholms IF  | 6,30,5   |
| <b>K55</b> |                          |    |                 |          |
|            | 1. Marianne Gottlieb     | 54 | Björnstorps IF  | 6,33,0   |
|            | Irmelie Umbre            | 52 | Malmö AI        | Ej start |

|            |                        |    |                |          |
|------------|------------------------|----|----------------|----------|
| <b>K60</b> | Marianne Söndergaard   | 47 | IK Pallas      | Ej start |
| <b>K70</b> | Ulla Möller            | 35 | IS Skanne      | Ej start |
|            | Viola Olsson           | 39 | Ystads IF      | Ej start |
| <b>M35</b> | 1. Martin Holm         | 73 | IS Göta        | 5,50,4   |
|            | 2. Jens Persson        | 70 | Ystads IF      | 4,54,1   |
|            | 3. Magnus Söderdahl    | 73 | Björnstorps IF | 4,59,1   |
|            | 4. Håkan Husselius     | 72 | Björnstorps IF | 5,13,1   |
|            | 5. Erik Westesson      | 73 | Björnstorps IF | 5,13,9   |
|            | Pontus Neiderup        | 71 | IS Göta        | Ej start |
| <b>M40</b> | 1. Stefan Pettersson   | 69 | Ystads IF      | 4,24,3   |
|            | 2. Thomas Melby        | 68 | IS Göta        | 4,38,3   |
|            | 3. Tony Lavesson       | 68 | IS Göta        | 4,46,8   |
|            | 4. Niklas Lovén        | 69 | IS Göta        | 4,49,6   |
|            | 5. Ulrik Snygg         | 69 | IS Göta        | 4,58,2   |
|            | 6. Jörgen Holmqvist    | 66 | Heleneholms IF | 5,00,4   |
|            | 7. Lars-Erik Skans     | 67 | Heleneholms IF | 5,24,0   |
|            | 8. Greger Jönsson      | 69 | IS Göta        | 5,39,9   |
|            | Christer Jeppsson      | 65 | Björnstorps IF | Ej start |
|            | Jarl Ström             | 65 | Heleneholms IF | Ej start |
| <b>M45</b> | 1. B-G Nilensjö        | 63 | IS Göta        | 4,38,2   |
|            | 2. Arne Mårtensson     | 60 | Björnstorps IF | 4,55,8   |
|            | 3. Nils-Arvid Olofsson | 64 | Ystads IF      | 5,12,1   |
|            | 4. Lars Radler         | 63 | IS Göta        | 5,12,8   |
|            | 5. Stellan Nilsson     | 60 | IS Göta        | 5,15,6   |
|            | 6. Farzad Pakzad       | 60 | Björnstorps IF | 5,19,0   |
|            | Fredrik Cederqvist     | 61 | IS Göta        | Ej start |
|            | Anders Östman          | 62 | Malmö AI       | Ej start |
|            | Tomas Jacobsson        | 61 | Eslövs AI      | Ej start |
| <b>M50</b> | 1. Mikael Zyka         | 56 | Heleneholms IF | 5,09,2   |
|            | 2. Anders Persson      | 55 | GF Idrott      | 5,13,0   |
|            | 3. Göran Kvarnerup     | 59 | Heleneholms IF | 5,13,6   |
|            | 4. Jerry Olsson        | 57 | Björnstorps IF | 5,14,3   |
|            | 5. Ove Persson         | 58 | Ryssbergets IK | 5,20,1   |
|            | 6. Bengt Håkansson     | 58 | IS Göta        | 5,41,5   |
|            | 7. Hans Jönsson        | 58 | Heleneholms IF | 5,56,2   |
|            | 8. Bert Elmqvist       | 59 | Heleneholms IF | 6,43,9   |
|            | Jan Kopfinger          | 58 | IS Göta        | Ej start |

**M55**

|                      |    |                |          |
|----------------------|----|----------------|----------|
| 1. Håkan Widegren    | 53 | Björnstorps IF | 5,20,4   |
| 2. Kenth Larsen      | 51 | Heleneholms IF | 5,21,9   |
| 3. Bo Andersson      | 52 | Björnstorps IF | 5,23,8   |
| 4. Per Wintmo        | 53 | IS Göta        | 5,25,8   |
| 5. Torbjörn Persson  | 54 | IS Skanne      | 5,29,2   |
| 6. Kenneth Rosengren | 52 | LK Myran       | 5,32,7   |
| 7. Kerry Linell      | 50 | Björnstorps IF | 6,20,6   |
| Bo-Göran Malmberg    | 50 | Heleneholms IF | Ej start |
| Sören Söndergaard    | 54 | IK Pallas      | Ej start |

**M60**

|                          |    |                |          |
|--------------------------|----|----------------|----------|
| 1. Klas Paulsson         | 47 | Eslövs AI      | 5,24,1   |
| 2. Magnus Bergh          | 49 | Heleneholms IF | 5,38,5   |
| 3. Hans-Ingvar Andersson | 47 | Heleneholms IF | 5,44,6   |
| 4. Ulf Karlström         | 47 | Heleneholms IF | 6,37,1   |
| 5. Bo Jönsson            | 49 | Heleneholms IF | 7,00,7   |
| Kaj Dewens               | 46 | IS Göta        | Ej start |

**M65**

|                    |    |                 |          |
|--------------------|----|-----------------|----------|
| 1. Ingvar Olausson | 40 | Heleneholms IF  | 5,56,1   |
| 2. Björn Videfors  | 40 | GF Idrott       | 6,16,7   |
| 3. Lars Rosenlind  | 42 | IFK Helsingborg | 6,39,0   |
| Uno Henningsson    | 42 | Båstads GIF     | Ej start |

**M70**

|                   |    |                 |          |
|-------------------|----|-----------------|----------|
| 1. Sven Svanfelt  | 39 | Heleneholms IF  | 6,40,0   |
| 2. Ulf Stehn      | 36 | IFK Helsingborg | 6,46,7   |
| 3. Karl Nordström | 36 | IFK Helsingborg | 7,05,2   |
| 4. Ulf Agrell     | 39 | Heleneholms IF  | 7,28,6   |
| 5. Sune Cederpil  | 38 | Björnstorps IF  | 7,48,8   |
| Åke Holm          | 36 | IFK Lund        | Ej start |

**M75**

|                   |    |                |        |
|-------------------|----|----------------|--------|
| 1. Gunnar Nilsson | 33 | Heleneholms IF | 6,18,8 |
|-------------------|----|----------------|--------|

**M80**

|                  |    |             |        |
|------------------|----|-------------|--------|
| 1. Folke Persson | 29 | Hästveda OK | 9,11,7 |
|------------------|----|-------------|--------|

**Stafett 4x 100m Män**

Manuell tidtagning

|                         |    |  |          |
|-------------------------|----|--|----------|
| 1. Heleneholms IF Lag 1 |    |  | 55,8     |
| Hans-Ingvar Andersson   | 47 |  |          |
| Rickard Särvegård       | 65 |  |          |
| Kenth Larsen            | 51 |  |          |
| Leif Malmqvist          | 60 |  |          |
| 2. Heleneholms IF Lag 2 |    |  | 1,03,2   |
| Bure Elfström           | 31 |  |          |
| Ulf Jacobsson           | 72 |  |          |
| Bo Jönsson              | 49 |  |          |
| Bert Elmqvist           | 59 |  |          |
| GF Idrott               |    |  | Ej start |

## Längd

### K40

1. Anna Hull 67 Ystads IF 4,05 +2,6 3,94 +1,8

### K65

1. Kerstin Nilsson 45 IFK Lund 3,04 +2,4 Godk.vind saknas

### K75

1. Asta Larsson 31 IFK Lund 2,60 +2,3 2,44 +1,5

### M35

1. Ulf Jacobsson 72 Heleneholms IF 4,05 +2,9 3,61 +1,7  
Fredrik Lööf 73 Malmö AI Ej start

### M40

1. Leif Malmqvist 66 Heleneholms IF 5,10 +4,5 Godk.vind saknas  
2. Greger Jönsson 69 IS Göta 5,02 +1,2  
3. Adam Crona 68 IFK Helsingborg 4,77 +3,7 4,57 +1,3  
Björn Hansson 67 Ystads IF Ej start

### M45

1. Sven-Erik Axelsson 63 IFK Lund 4,73 +4,1 4,61 +1,5  
Marcus Paukstadt 63 Malmö AI Ej start

### M55

1. Kernth Larsen 51 Heleneholms IF 3,89 +3,8 Godk.vind saknas

### M60

1. Hans-Ingvar Andersson 47 Heleneholms IF 3,64 +2,5 3,64 +1,8  
2. Bo Jönsson 49 Heleneholms IF 3,40 +2,0 3,4 +2,0  
3. Ulf Karlström 47 Heleneholms IF 2,69 +1,5

### M65

1. Lars-Göran Karlsson 44 Båstads GIF 3,97 +2,9 Godk.vind saknas  
2. Klas Fjällrot 44 Heleneholms IF 3,68 +2,1 Godk.vind saknas

### M75

1. Bure Elfström 31 Heleneholms IF 3,26 +2,0

### M85

1. Axel Magnusson 21 IFK Lund 2,66 +1,3

## Slägga

### K60

3kg  
1. Anne-Marie Jönsson 49 Ängelholms IF 20,12  
2. Margareta Millestam 47 IFK Lund 18,75

### K70

3kg  
1. Ljudmila Hvala 37 Malmö AI 19,93  
2. Anna-Lisa Lind 36 IFK Lund 18,21

|            |                       |    |                 |          |                |
|------------|-----------------------|----|-----------------|----------|----------------|
| <b>M35</b> | 7,26kg                |    |                 |          |                |
|            | 1. Lars Hansson       | 73 | IS Göta         | 19,42    |                |
| <b>M40</b> | 7,26kg                |    |                 |          |                |
|            | Anders Frick          | 66 | IK Pallas       | Ej start |                |
| <b>M50</b> | 6kg                   |    |                 |          |                |
|            | 1. Thomas Olsson      | 58 | IFK Helsingborg | 36,37    |                |
| <b>M60</b> | 5kg                   |    |                 |          |                |
|            | 1. Kenneth Jansson    | 49 | IFK Helsingborg | 53,72    |                |
| <b>M65</b> | 5kg                   |    |                 |          |                |
|            | 1. Klas Fjällrot      | 44 | Heleneholms IF  | 26,98    |                |
| <b>M70</b> | 4kg                   |    |                 |          |                |
|            | 1. Eugén Waltercrantz | 39 | IFK Helsingborg | 52,70    | EUROPAREKORD ! |
|            | 2. Rolf Sjölin        | 38 | Malmö AI        | 34,64    |                |
|            | 3. Kjell Lind         | 36 | IFK Lund        | 17,44    |                |
| <b>M75</b> | 4kg                   |    |                 |          |                |
|            | Henryk Plukarz        | 33 | IFK Helsingborg | Ej start |                |
| <b>M85</b> | 4kg                   |    |                 |          |                |
|            | 1. Axel Magnusson     | 21 | IFK Lund        | 12,72    |                |