



26-28 juni



2020

WELCOME TO ÖRESUNDSSPELEN!

Please note: Due to the corona virus information are liable to change.

We are following the regulations and guidelines from the public health authority. Thus the competition can be cancelled with short notice.

Please follow the updates [on this link](#)

IFK Helsingborg invites to international competitions in athletics for seniors, juniors and youth Friday-Sunday 26 - 28 of July 2020

The competition annually gather just over 1000 participants from 10-12 nations who together make about 3000 starts.

The competitions will, as always, be held at our nice arena Hedens Idrottsplats in Helsingborg. Traditionally, the competition starts Friday afternoon.

REGISTRATION

Made online through the link on our website www.ifkhelsingborg.se no later than Monday 8/6.

Please state annual or personal best in all starts.

The entry means that you approve of publication of information and photographs and films on the internet.

ENTRY FEE

SEK 90 / start for classes 17 years and older.

SEK 70 / start for classes 15 years and younger.

LATE ENTRIES

Accepted only subject to space and at a surcharge of SEK 50 per participant and start.

AWARDS

The top three in the classes F / P 17-19 years, KS / MS, and the top eight in classes F / P 12-15 receive awards.

Please note that the classes F / P 11-9 won't have any published results. Therefore no prize ceremony. However a diploma can be collected.

A special prize will be awarded

for beating a Öresundsspelen games record.

HOTEL

Visit our website www.ifkhelsingborg.se under lodging / hotel for more information.

ACCOMMODATION IN SCHOOLS

Accommodation in Norrehedskolan on hard surface can be arranged by the organizer between Thursday 25/6 and Monday 29/6.

Bring an air mattress, sleeping bag or similar.

The price is 90 SEK / night and person.

Registration no later than 15/6.

CAMPING

Please contact the office by e-mail ifk.helsingborg@telia.com

BREAKFAST AND LUNCH

Food vouchers can be ordered for our meal service in connection to the sports ground. Orders no later than 15/6. Continental breakfast SEK 50, lunch SEK 80.

PAYMENT

All payments are to be made on site, at the club house, prior to the first start. We accept cash or cards, Visa and Mastercard. No foreign currency accepted.

EVENT SCHEDULE

Information regarding what classes we offer and what days they will be on is published on our website www.ifkhelsingborg.se

ENTRY LIST, TIMETABLE AND PM

The entry list is automatically updated on our website.

The days before the start of the competition the timetable and PM will be published on www.ifkhelsingborg.se

INFORMATION

For more information please contact IFK Helsingborg by e-mail ifk.helsingborg@telia.com or by phone +46 42 137295. www.ifkhelsingborg.se

In collaboration with the City of Helsingborg



HELSINGBORG